

POSITION STATEMENT

Community Water Fluoridation

The American Dental Hygienists' Association (ADHA®) maintains its strong support of community water fluoridation as a safe, effective and equitable public health measure.

The consumption of fluoridated water has been proven to prevent dental caries and improve the oral health of individuals of all ages. Decades of rigorous scientific research and endorsements from respected organizations, including the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO), validate its effectiveness in significantly reducing dental caries in children and adults.

The ADHA urges dental hygienists to advocate for the adoption and continuation of water fluoridation in their communities, to educate the public on its safety and effectiveness, and to collaborate with other health professionals on the promotion of community water fluoridation as a measure to combat oral health disparities.

More than 70 years of research have consistently demonstrated that fluoridating public water supplies is a safe and cost-effective way to reduce tooth decay and alleviate the broader burden of dental disease. The ADHA supports this evidence-based practice as part of our mission to improve oral health outcomes and ensure a healthier future for everyone.

To view ADHA's policies and other resources on fluoride and community water fluoridation visit <https://www.adha.org/fluoride>.