

Creating Balance: Changing Perspectives for Improved Patient Care and Self-Care

Friday, October 27, 2023 – Baltimore, MD

8:30 am - 9:00 am	Registration & Breakfast
9:00 am - 9:30 am	<p>Introduction Cindy Sensabaugh, RDH, MS Sr. Manager, Professional Relations & Education Philips Oral Healthcare</p>
9:30 am - 12:45 pm	<p>“Using the Oral systemic Link to Increase your value to your practice, your patients and yourself.” Timothy Donley, DDS, MSD</p> <p>It is time for dental hygiene to occupy its rightful place on the healthcare stage. It is time for today’s dental hygienist to feel good about what they do. It is past time to resign from the oral hygiene police force and move to center stage in health care. It is not only past time...it is imperative. In this course you will learn a better way to communicate and deliver care that improves oral and overall health. You will leave with a blueprint of how to make subtle changes in your existing recall routine which can completely change the tone of your dental day.</p> <p>Learning Outcomes:</p> <ul style="list-style-type: none"> • Review the latest evidence-based findings on how oral inflammation and oral microbes affect overall health. • Understand how changing the goal of dentistry can help you better help your patients. • Learn how to leverage the recall visit to make you the most important piece of the dental puzzle. • Realize opportunities to celebrate your successes.
12:45 pm - 1:30pm	Lunch Break
1:30 pm - 3:30 pm	<p>Making Lemonade... and Other Strategies to Navigate Life’s Stressors Karen Davis, RDH, BSDH</p> <p>Life and dentistry are a tapestry of rewards and challenges, but some challenges become life-altering. The pandemic had an immediate and far-reaching impact on dentistry. Within the family of dentistry, most of us have faced, or will face significant setbacks and difficulties. How does one make lemonade from the sour lemons of life? What are effective strategies to navigate, and thrive in the midst of life’s challenges? How do we wear our professional hat while simultaneously grieving, or struggling with anxiety amidst unexpected adversities?</p> <p>Learning Outcomes:</p> <ul style="list-style-type: none"> • Identify the impact emotional stressors have on quality of life and wellness. • Examine science supporting a unique recipe for making lemonade. • Recognize short and long-term benefits from making lemonade with unexpected lemons of life.
3:30 pm	Conclusion of the program